# **SUBSTANCE ABUSE TREATMENT FACT SHEET Massachusetts Department of Public Health, Bureau of Substance Abuse Services**

This fact sheet contains information about the impact of alcohol and other drug use in the First Congressional District. Admission data were reported to the Bureau of Substance Abuse Services (BSAS) Substance Abuse Management Information System in FY 2003.

## **Residents of First Congressional District**

#### **Characteristics of Admissions**

In FY 2003, there were 115,896 admissions to licensed substance abuse treatment services in all of Massachusetts; 10.3% (11,946) of these admissions reside in the First Congressional District. 3% (314) of admissions from the First Congressional District were under 17 years of age. **Please note that these statistics represent only individual admissions, and represent a figure lower than the actual number of constituents in need of treatment services.** In FY 2003, admissions to all residential and outpatient substance abuse treatment services from First Congressional District reported the following characteristics:

- 71% were male and 29% were female.
- 56% were between the ages of 21-39.
- 80% were white non-Latino, 4% were black non-Latino, 14% were Latino, and 2% were other racial categories.
- 61% were never married, 15% were married, and 24% reported not to be married now.
- 28% had less than high school education, 49% completed high school, and 23% had more than high school education.
- 28% were employed.
- 11% were homeless.
- 36% had prior mental health treatment.

#### **Primary Substance of Use**

At admission clients also identify a "primary drug" of use that is the substance for which the client is seeking treatment. Table 1 compares the proportional distribution of primary drugs in Massachusetts with that for the First Congressional District.

Table 1 Primary Drug by District and State FY 2003									
	Alcohol	Heroin	Marijuana	Cocaine	Crack				
District	51%	28%	8%	3%	5%				
State	43%	38%	6%	4%	4%				

#### **Substances Used in Past Year**

Upon entering treatment, each client is asked to report ALL substances used in the past year (12 months) prior to admission. Admissions frequently report using more than one substance within the year. The use of more than one psychoactive substance, such as alcohol and marijuana, is referred to as 'polydrug' or 'polysubstance' use.

Table 2 shows ALL substances which clients reported using in the year prior to admission, as well as the prevalence of injection drug users (IDU's), individuals who use a needle to ingest cocaine, crack, heroin or another drug to get high.

Table 2 Annual Admissions by Substance Used: FY 1995 – FY 2003											
First Congressional District											
	Total	Alcohol	Marijuana	Cocaine	Crack	Heroin	IDU				
FY '95	11,455	9,971	3,502	2,515	2,768	1,901	1,272				
FY '96	10,518	9,106	3,396	2,381	2,357	1,938	1,146				
FY '97	10,738	9,139	3,395	2,433	2,061	2,020	1,180				
FY '98	12,968	10,885	4,163	2,680	2,217	2,779	1,676				
FY '99	12,874	10,624	4,420	2,962	2,473	3,185	2,068				
FY '00	13,603	10,891	4,487	2,891	2,401	3,978	2,665				
FY '01	13,590	10,538	4,142	2,651	2,398	4,259	2,763				
FY '02	13,001	9,933	4,067	2,756	2,343	4,277	2,803				
FY '03	11,946	8,931	3,747	2,783	2,373	3,992	2,676				

### **Heroin and Injection Drug Use**

Figure 1 below shows the proportional increases in all admissions in the First Congressional District and the proportional increase in admissions reporting heroin and injection drug use, a factor driving increases in HIV.

